

MARCH 2009 [WWW.EXCEEDMAGONLINE.COM](http://WWW.EXCEEDMAGONLINE.COM)

# Exceed

There are no limits...only plateaus...go beyond them.

## MANAGING Difficult Situations in a **CREDIT CRUNCH**

**Simple Secrets to  
WORK SMARTER and  
SAVE MONEY**

*Family values*  
in a **CHANGING  
WORLD**

**Managing your  
Cholesterol to  
PREVENT  
Diabetes and  
Heart Disease**

**THE SEVEN C'S OF  
SUCCESSFUL SCHOLARSHIP  
OR COLLEGE ENTRANCE  
ESSAYS**

